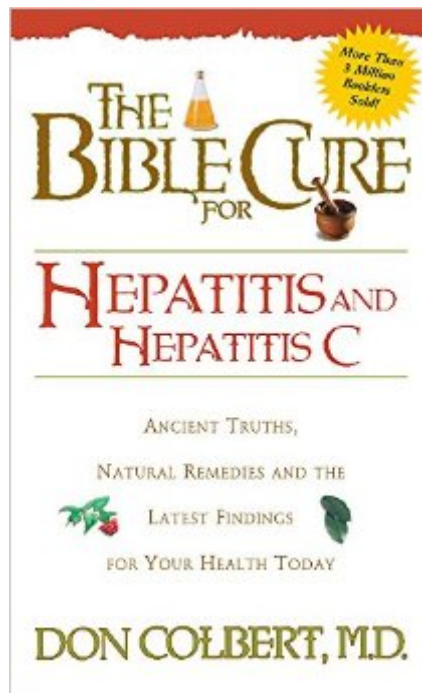


The book was found

Bible Cure For Hepatitis C: Ancient Truths, Natural Remedies And The Latest Findings For Your Health Today (New Bible Cure (Siloam))



Synopsis

Make liver-friendly choices and chase away your hepatitis! Today there is good news for the millions of Americans who have hepatitis! It is treatable and beatable! Find out how and why wise decisions, nutrition, supplements, stress-free living and faith can bring your hepatitis--including hepatitis C--under control. Next to your skin, your liver is the largest organ in the body, and it carries a heavy load of responsibility in keeping you healthy. Learn how to treat it well and make liver-friendly choices! In this easy-to-read little book, you'll discover: How the liver rids the body of impurities Strategic plans for recuing and restoring your liver Common-sense activities and foods to avoid How to keep your family members virus free You want to be healthy. God wants you to be healthy. Now at last here's a source of information that will help you get healthy--body, mind and spirit.

Book Information

Series: New Bible Cure (Siloam)

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Average Customer Review: 3.5 out of 5 stars Â Â See all reviews Â (6 customer reviews)

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Customer Reviews

If one is seeking a book of ethnic medicines based on ancient Biblical diet & herbs, this is not such a book. Rather, it a Basic Guide for Christians who want the essential information concisely and with Biblical based Christian prayer guidance. As a traditional Catholic, I find this booklet valuable though written apparently by a non-Catholic. Dr Colbert describes the medical treatment, advises doing nothing apart from the Physician, lists the most beneficial vegetables, nutrients, vitamins, herbs and those he thinks contraindicatory. He indicates the medical basis for what he writes. On contraindicated foods, I disagree strongly that Milk is one such food -- because having properties

that block excess iron uptake, vital for fighting HCV -- but altogether there is a good basic guide to everything. Nor do I find dairy fats problematic; but both milk and dairy fat (high in fat soluble vitamins) tolerance are highly individualistic. If one is a dairy foods aficionado, not counting ice cream sugar cravers, then one may have no trouble digesting them. Fighting HCV, my diet is basically Mediterranean and Dairy (possibly from my nordic genes) -- plentiful in grains, fruits, all kinds of cheeses & whole milk, nuts, raw vegetable salads, with some meat & fish. Being a little too "dogmatic" in the supposed foods-to-avoid results in less than 5 stars. Interferon-Ribavirin Therapy is discussed. Recommended are herbs like Milk Thistle (*Silibum marianum*) and Bupleurum, vegetables like Artichokes, supplements like Thymus extract -- it is almost all here.

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